

Greenwood Academies Trust Secondary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Minced Beef & Vegetable Hotpot R01280NL	Sausage Rolls R00389NL	Roast Chicken R00264NL	Beef Enchiladas R00441	Breaded Fish Square R00650NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) Vegetable Stir Fry in Sweet & Sour Sauce R01262NL	(V) Vegetable & Cheese Bake R00496NL	(V) Vegetable Fingers R00609NL	(V) Mixed Vegetable Curry R00049NL	(V) Vegetable Burritos Mixed Salad R00235NL
Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides
Broccoli Mix R01401NL Noodles R00528NL	Jacket Wedges R00114NL Baked Beans R0009NL Mixed Salad R00328NL	Roast Potatoes R00109NL Carrots R00085NL Garden Peas R00092NL Gravy R00569NL Yorkshire Pudding R00539NL	50/50 Rice R02199NL Sweetcorn R00096NL Mixed Salad R00328NL	Diced Potatoes R00532NL Garden Peas R00092NL
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Wholewheat Tomato & Basil	(V) Tomato & Garlic R01691NL	(V) Sundried Tomato & Red Onion R00544NL	(V) Macaroni Cheese R00503NL	(V) Tomato & Oregano R02164NL
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potatoes with a variety of Fillings, Sandwiches/Rolls/ Baguettes/Pasta Pots & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Chocolate Muffin R00669NL	Pineapple upside down Cake R00021NL Custard R00140NL	Fruit Jelly Sundae With Mandarins R00635NL	Fruit Cookies R02136NL	Victoria Sponge Cake R00839NL
Selection of Fresh Fruit, Yoghurts, Strawberry & Orange Jelly, Choice of Cheesecakes, Lemon, or Fruit Jam Ginger Biscuit Vanilla Sponge	Selection of Fresh Fruit, Yoghurts, Strawberry & Orange Jelly, Choice of Cheesecakes, Lemon, or Fruit Jam Flapjack Brownie	Selection of Fresh Fruit, Yoghurts, Strawberry & Orange Jelly, Choice of Cheesecakes, Lemon, or Fruit Jam Lemon Muffin Vanilla Guilsborough	Selection of Fresh Fruit, Yoghurts, Strawberry & Orange Jelly, Choice of Cheesecakes, Lemon, or Fruit Jam Nutty Slack Biscuit Chocolate Sponge	Selection of Fresh Fruit, Yoghurts, Strawberry & Orange Jelly, Choice of Cheesecakes, Lemon, or Fruit Jam Marble Cake Shortbread
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

