













Food KS3 Learning Journey for Design rotation.

Year 7	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson6	Lesson 7
Recipe/Content Savoury Sweet	Health and Safety talk. Examples and showing expectations.	Fruit Salad Sweet	Bagel pizza  Savoury	Carrot cookies with  cinnamon. Sweet	Savory Rice  Savoury	Cheese and Onion Scones Savoury 	
Homework		<u>Name kitchen equipment</u>	<u>Designs for buns – presentation,</u>	Food plate	<u>Using the oven and health</u>		
Year 8	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson6	Lesson 7
Lesson Recipe/Content Savoury Sweet	Health and safety recap talk. Repeat same as Y7	Bread Rolls  • Garlic & herb/Spicy /Plain Savory rice Savoury	Pizza  Savoury	Cheese & Onion /Curry/Spanish spice triangles 2024 2025 (Jamaican Patty) Savoury	Chicken Tikka  Savoury	Shortbread  Sweet	Cupcakes (could add cinnamon or raisins) Sweet
Homework	<u>Research types of bread to support next lesson</u>	<u>Target setting for eating healthy</u>	<u>Modify a recipe</u>	<u>Micro nutrients</u>	<u>Energy Work sheet</u>	<u>Review the food so far</u>	

Year 9	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson6	
Recipe/Content Savoury Sweet	Health and safety talk	Naan bread  • Plain • Garlic & herb • Spicy Savoury	Meatballs/Burgers  Savoury	Bolognese  Savoury	Chicken Fajitas  Savoury	Carrot Cake Sweet	
Homework	Research Spag bolenase	<u>Disassembly</u>	<u>Flow chart</u>	<u>Knowledge check</u>	<u>Diet considerations</u>	Review of food	