

Newsletter



KINGSWOOD
secondary academy

Join us on Twitter
[@KingswoodAcad](https://twitter.com/KingswoodAcad)



Date: 6th
July 2020

Issue 2

Need questions answered?

Any questions however small please do not hesitate to contact the team:

abonner
[@kingswoodsecondaryacademy.org](https://twitter.com/kingswoodsecondaryacademy.org)

ecampbell
[@kingswoodsecondaryacademy.org](https://twitter.com/kingswoodsecondaryacademy.org)

kford
[@kingswoodsecondaryacademy.org](https://twitter.com/kingswoodsecondaryacademy.org)



Please do not worry, as we are only an email away!!

KINGSWOOD

TRANSITION TIMES!

Hello Year 6 soon to be Year 7!

Message from Mrs Bonner!

Hi Year 6 not long now and I really can't wait to meet you all! Over the last few weeks we have arranged for Teams meetings with your primary schools, so that you could ask questions and meet Mrs Campbell and I, which was so good and you asked some really fantastic questions.

You will be joining us on **Thursday 3rd September at 8:30** where we will be there to meet you and take you to your form tutor. Please ensure you are in the correct uniform with the correct equipment. Please also bring in a packed lunch however, if you have free school meals we will provide one. There will not be any provisions to buy food until we have you all checked in.

Finally, have a wonderful restful holiday with your family and friends. Play, read, be creative, get outside, do all the things that you love, as that is what makes you who you are.

This issue:

- Frequently asked questions and answers
- What you need for the first day
- Well-being activities for July
- Corby Big Read and activities

Frequently asked questions

Q: What time does school start?

*A: Kingswood places a great deal of importance on punctuality. For this reason, we advise that all pupils aim to get to school by **8:30**, meaning you are in school at the start of the day. If you are late you will have an after school detention. School starts at **8:40** on the bell, so please be prompt to start on time.*

Q: What happens if my child is absent from school?

A: Excellent attendance is key to a student's success, both academically and socially. We expect all students to meet our minimum target for attendance of 96%. If a student's attendance falls below this, form tutors will phone home to offer support and to explain the consequences of a failure to improve. We work closely with Northants County Council, to make sure that parents and carers fulfil their statutory obligation to send their child to school regularly. However, if your child is ill then please telephone immediately and leave a message on our absence line.

Q: Can my child bring a bike to school?

A: Yes. We encourage students to walk or cycle to school to stay healthy. Students may lock their bikes up in one of our bike lockers sheds. We do encourage students to use a D LOCK padlock to secure their bikes. Our school gates are locked however, we cannot accept any liability for bike thefts on school grounds. Students may not cycle on the school premises and should observe safe cycling rules on the roads as they approach and leave school.

Q: How do pupils get detentions and why?

A: Pupils who are in the right place at the right time, doing the right thing, do not get detentions. If you do not behave well, do not work hard enough, are late to school, do not hand in homework, disrupt lessons, are not in full and correct uniform, or are disrespectful to adults, then you can expect to find yourself in detentions.

Q: My child has additional needs. What extra help will they get?

All Kingswood students who have additional needs, will be assessed by our SENDCo Miss Skorwider. She and her team to ensure all the child's additional needs are met and supported in lessons by liaising with their teachers and their form tutors; this will then be closely monitored and reviewed each term to ensure your child is receiving the best support we can give.

Q: Do we see the Head and Deputy Head of Year 7 every day?

A: Yes you will see your Year 7 team each morning during line up. They will also be around visiting different tutor groups during form time, present in your assemblies and will follow you to your lessons. However, it is your form tutor who you will see daily and will look after the day-to-day routines with you

Frequently asked questions

Q: How do I buy my child's uniform?

A: At the moment there has been a delay with the stock from our suppliers Price and Buckland. However, if you keep checking our website on the Year 6 Transition page, there will be updates over the holidays to keep you informed of the latest news.

Q: What happens if I lose or forget my equipment?

A: Kingswood places a great deal of importance on being independent and organised which can be a little daunting at first. However, if you do forget or lose your equipment you tell your form tutor and then the Year team will help you for the day.

Q: How often do I get homework and how will I remember to do it?

A: You will get one piece of homework per subject per week. You will use your planner to write in when it is due and your form tutor will help you with filling this in. You will also get a Classcharts log in for yourself and your parent/carer in which you will both be notified that you have homework and when it is due in.

Q: Will I need my PE kit for the first day?

A: No. For the first two days you will be with your form tutor doing a range of activities to help you understand our school values/behaviour routines and getting to know you and your year group. You will also get your timetable which will tell you when you have PE so you will have to bring your kit in then.

Q: What if I get bullied?

*A: We have zero tolerance of any form of bullying in Kingswood. However, one of the main issues with bullying, is that many children feel is that if they tell, then the bullying will get worse. In all my years of teaching I can honestly say that this is not the case! If you are feeling threatened or uncomfortable about what a person is saying or doing, you must **TELL AN ADULT**. It is our duty to look after you and your welfare. Always tell it and it will stop the hell!*

Q: What do you do in form time?

A: Form time is one of the most important parts of a school day in which you make contact with your form tutor and group, but also get prepared for the day. You will take part in PHSE, routines for learning and behaviour. You will also develop your study and leadership skills through our PIXL LORIC program and enrich your understanding of our school values and culture through RISE; a very important of Kingswood and our community.

Q: Will we be mixing with the other year groups?

Not for quite some time. Year 7 will be have their own base in Humanities (where you study history, geography and RS) and you will stay there and keep within your own bubble until the COVID response has subsided.

What do you need for your first day?

Full equipment check

- 2 x Black/Blue and Red pen
- Pencil
- Set Square
- Compass
- Rules
- Protractor
- **Scientific calculator**
- Reading book
- Pencil Case
- Correct uniform
- KSA Standard Bag



Uniform Check

No lines cut in hair or eyebrows

Top button done up

Tie at least five stripes long

For Pupils in Years 7 & 9
Blazer with KSA Badge

Pupils are welcome to wear the appropriate coloured jumper of their Key Stage, but this is not compulsory

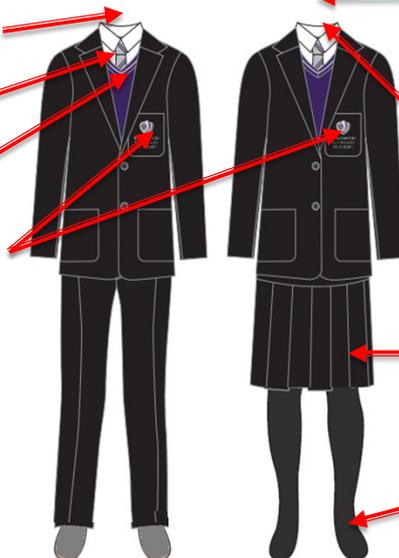
No fancy bows / hair accessories and No false colour in hair

One round gold or silver stud in an ear lobe

No make up, false eye lashes or nail varnish/false nails

Black or charcoal grey knee length skirt or **trousers (not jeans or tight fitting trousers)**

Black shoes and socks or tights



Your School bag must be able to fit and A4 sized folder into it.

Also bring your own packed lunch - if you are free school meals, we will provide one for you.

Looking after you! Some wellbeing projects.

Action for Happiness are a fantastic website that gives you one simple daily small task that can really improve your well being– so simple, but very effective - have a go!

RESILIENCE CALENDAR: JUMP BACK JULY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>5 Avoid saying "must" or "should" to yourself today</p> <p>12 When things go wrong, be compassionate to yourself</p> <p>19 Notice something positive to come out of a difficult situation</p> <p>26 Get back in touch with a supportive friend and have a chat</p>	<p>6 Put a problem in perspective and see the bigger picture</p> <p>13 Challenge negative thoughts. Find an alternative interpretation</p> <p>20 Ask yourself: What's the best thing that can happen?</p> <p>27 Write down 3 things you're grateful for (even if today was hard)</p>	<p>7 Shift your mood by doing something you really enjoy</p> <p>14 Set yourself an achievable goal and make it happen</p> <p>21 If you can't change it, change the way you think about it</p> <p>28 Catch yourself over-reacting and take a deep breath</p>	<p>1 Be willing to ask for help when you need it today (and always)</p> <p>8 Get the basics right: eat well, exercise and go to bed on time</p> <p>15 Go for a walk to clear your head when you feel overwhelmed</p> <p>22 Make a list of 3 things that you can feel hopeful about</p> <p>29 Think about what you can learn from a recent challenge</p>	<p>2 Make a list of things that you're looking forward to</p> <p>9 Help someone in need and notice how that gives you a boost too</p> <p>16 When things get tough, say to yourself "this too shall pass"</p> <p>23 Remember that all feelings and situations pass in time</p> <p>30 Ask for help from a loved one or colleague. Be specific</p>	<p>3 Adopt a growth mindset. Change "I can't" into "I can't... yet"</p> <p>10 Don't be so hard on yourself. It's ok not to be ok</p> <p>17 Write your worries down and save them for a specific 'worry time'</p> <p>24 Choose to see something good about what has gone wrong</p> <p>31 Remember that you are not alone. We all struggle at times</p>	<p>4 Find an action you can take to overcome a problem or worry</p> <p>11 Reach out to someone you trust and share your feelings with them</p> <p>18 Let go of the small stuff and focus on the things that matter</p> <p>25 Notice when you are feeling judgemental and be kind instead</p>

We can't control what happens to us, but we can choose how we respond



ACTION FOR HAPPINESS

actionforhappiness.org

Keep Calm · Stay Wise · Be Kind

Daily actions to look after ourselves and each other as we face this global crisis together

T H E B O O K O F
H O P E S

Words and Pictures to Comfort, Inspire and Entertain Children in Lockdown



**The Corby Big
Transition Read
2020**



Welcome to your guide to ***The Book of Hopes***.

Before you start at Kingswood Secondary Academy in September we would like you to read all or some of ***The Book of Hopes***.

You can read it for free online at:

<https://literacytrust.org.uk/family-zone/9-12/book-hopes/>

We know that as you start secondary school you'll be hoping for many things, and we know there are many possibilities that will open up to you. You have the power to change the world and reading ***The Book of Hopes*** is the perfect way to start.

You don't have to read all of the book at once, dip in and out of it, choosing stories, poems and essays that appeal to you. In this booklet you'll find suggestions of which stories you may like and suggested activities you could try based on the stories. Towards the back you'll find lots of other books you might want to read too. These, and thousands more, will be available in the school library when you join us in September.

Please do not worry over the holidays we promise everything will be all
ok

Have a lovely, hopeful summer,

Your new Kingswood family



Activities

We hope you'll be inspired by the stories, poems and essays you read, and will try some of the activities suggested on the following pages.

If you write any of your own stories, draw pictures or take any photos of yourself completing an activity, take them to the school library in September and we'll include them in our Year7 display.



New Classmates Copyright © Emily Gravett 2020

Make your own picture book to match David Almond's words in *A Way to the Stars*.

Be inspired by *Say Something Nice* by A.F Harrold and say something nice to somebody every day for a week.

Write your own hopeful story.

Dig out some old family photos and find out the stories behind them, like Sita Brahmachari does in *The Gift of Time*.

Draw a picture of somewhere you'd really like to visit, like Ella does in *A Box of Pencils* by Gillian Cross.

Continue writing the story of *Jack and the Ram* started by Sally Gardner.



There's a Hero Inside All of Us
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SECONDARY
ACADEMY

Further Information

If you do need further advice or are unsure about any details of transition, please do drop the team a message through email or we are now staffed on reception so you can now call and leave a message.

The transition team are:

abonner@kingswoodsecondaryacademy.org

(Acting Senior Assistant Principal)

ecampbell@kingswoodsecondaryacademy.org

(Deputy Head of Year 7)

kford@kingswoodsecondaryacademy.org

(Pastoral support Admin Officer)

jskorwider@kingswoodsecondaryacademy.org

(SENCO)

Links to our transition website page:

<https://www.kingswoodsecondaryacademy.org/page/?title=Year+6+Transition&pid=603>



KINGSWOOD SECONDARY ACADEMY

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