



Information on what
can and cannot be
worn for PE kit from
2026

Compulsory items of PE kit.



Compulsory Choice Uniform Item

**Kingswood Secondary
Academy Unisex Sports Polo**



Compulsory Choice Uniform Item

**Kingswood Secondary
Academy PE Shorts**

OR



Compulsory Choice Uniform Item

**Kingswood Secondary
Academy Technical PE Skort**

You are not allowed your own shorts.



KINGSWOOD
secondary academy

Optional PE items with the school logo on for PE



KINGSWOOD
SECONDARY ACADEMY



KINGSWOOD
secondary academy

**Can be worn under Kingswood PE kit –
e.g. PE T-shirt, PE ½ zip or jumper.**



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SECONDARY ACADEMY



To keep warm for your outdoor PE lesson be prepared!



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Plain black leggings or tracksuit bottoms allowed only —
one small sports/shop logo like below.



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ACADEMY



Suitable for Kingswood Secondary Academy



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Not allowed for PE kit



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ACADEMY



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**Not allowed as unsafe –
full zips and hoodies that could be grabbed in games.**



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SECONDARY ACADEMY



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All Jewellery must be removed

FAQ

What happens if my child loses their kit?

If kit is misplaced, pupils will be provided with spare kit so they can continue participating. If pupils forgot their kit more than once a term then they will receive a detention after school which follows the same policy as that for normal school uniform. To help staff distinguish genuine losses, we ask parents to provide a note explaining the situation.

- Initially, all lost kit is placed in the lost property box near the changing rooms (opposite the girls' outdoor changing room, under the glass windows).
- After two days, items are transferred to reception, unless they are named, in which case they are returned directly to pupils via our student runner.
- Unfortunately, many items are not named. We therefore strongly encourage parents to label every item of kit, including trainers.

Kit left unclaimed for several weeks may be recycled to support pupils who have lost theirs

What if my child struggles with organisation and repeatedly loses expensive kit?

We understand that some pupils may find organisation challenging. In exceptional circumstances, staff can store kit securely in offices to prevent repeated loss. We also recommend lockers as a practical solution. Please contact your child's Year Team if you would like to arrange this support.

What happens if my child keeps forgetting their kit?

Clean PE kit is available daily from the Standards Hub in reception before 8:30am. Pupils who do not collect kit will receive a C1 detention until 3:30pm.

If forgetfulness becomes a recurring issue:

- Parents will be contacted by letter or phone.
- A meeting may be arranged to discuss how we can best support your child's organisation.

We encourage pupils to set phone reminders on PE days, which has proven effective in helping many pupils become more independent and consistent.

What happens if a pupil is injured or unwell but does not have a note?

Pupils without notes or kit will be provided with clean kit (washed by our technician). If they are unable to participate physically, they will change into PE kit and take on alternative roles such as coach, umpire, ensuring they remain engaged in the lesson.

Why do pupils get changed for PE even when injured or unwell?

At Kingswood, we are committed to delivering an inclusive curriculum that ensures every pupil can access learning in PE, regardless of injury or illness.

The National Curriculum requires pupils to develop a broad understanding of physical education, including:

- Knowledge of fitness and safe exercise practices
- Rules and regulations of sport
- Leadership and coaching skills
- Performance analysis and tactical awareness

Changing into PE kit allows pupils to take part in these valuable aspects of the subject, even if they cannot participate physically. It also prevents school uniform from becoming muddy or wet if lessons move outdoors, and supports health and safety when pupils are coaching or officiating. This policy has had a positive impact on inclusion, with many pupils excelling in leadership, coaching, and tactical analysis. Pupils with long-term injuries, for example, have improved their achievement by contributing to team talks, warm-ups, and strategy discussions.

How can we help pupils stay fit and healthy?

As national concerns about health continue to grow, we are committed to supporting pupils' wellbeing. Every pupil receives two one-hour PE lessons per week. Health advisors recommend that children engage in at least 60 minutes of physical activity daily, at an intensity where they are out of breath and unable to hold a conversation.

To support this:

- We run lunchtime clubs, including running and ball games on the Astro turf and tennis courts.
- We organise fixtures to provide competitive opportunities.
- We can advise families about local sports clubs where pupils can further develop their skills.

Please do not hesitate to contact your child's PE teacher if you would like guidance on suitable clubs or activities.