## Online Safety and Wellbeing Newsletter



"Technology is not the problem. It is how we use it!

October 2019

## It's back by popular demand

Towards the end of the last academic year you may remember we ran some Anti-Bullying Alliance training that was very popular. Due to the demand and success of the first round of training in July, we are going to run the training again in November 2019. However this is not just training, this is the opportunity for you to work towards your school getting an anti-bullying accreditation. If you are interested we highly recommend you start working towards the certificate now, you can do this by signing up and working through the steps via the link.

You are required to book onto the training via the <u>Eventbrite link</u>, you must do that to attend the training, and finally we really hope you take part in this wonderful opportunity.

If you require any more information please don't hesitate in to contact us at <a href="mailto:onlinesafety@northamptonshire.gov.uk">onlinesafety@northamptonshire.gov.uk</a>



## Hot topic

We have been concerned for a while about the lack of reporting from young people of online safety incidents. One of a child's or young person's biggest concerns for reporting issues online is they fear the device or internet is going to be removed from them. This is something we don't recommend and we need to work towards a family agreement or agreement to keep the young person or child safe. With the jump from primary to secondary schools getting bigger and bigger we need to make sure we are creating the right environments for young people to talk to us about their safeguarding concerns. Safeguarding young people in this modern world is challenging but it can be made a lot easier if we show empathy, empathy fuels connection. It's tremendously important we don't shame children for their behaviours in the real world or online world. Moving forward a model we could all consider is **connect to correct**, especially if we are working closely with parents;

- Give hugs or praise
- Validate the child's or young person's feelings
- Listen to what the child is telling you
- Focus on the solution together
- Share your feelings and thoughts when appropriate
- Don't get mad, get curious instead to help explore the consequences of their choices instead of imposing consequences on them

Worrying fact: 1 in 3 child sex offences in Northamptonshire now starts online

