

# **CAMHS CONNECT**

PROFFSSIONALS WORKING TOGETHER TO HELP YOUNG PEOPLE

### PROFESSIONAL TRAINING

A number of training topics available for professionals including; risk assessment and safety planning to mental health and child development as well as many more.

For more information and for a full list of topics please visit www.nhft.nhs.uk/camhs and click the 'CAMHS Connect' tab. To book please email:

CAMHSConnectTrainingandConsultation@nhft.nhs.uk

#### **CONSULTATION LINE AND CAMHS LIVE**

A telephone line and online chat tool providing advice and guidance for parents, professionals and young people regarding emotional wellbeing and mental health difficulties.

Open 9am to 7pm - 0300 1111 022 (option 1 and option 1) www.nhft.nhs.uk/camhslive

#### CONSULTATION CLINICS

If you are concerned about a young person and need some help and guidance, you may find it beneficial to sit down with us and explore what is going on for the young person.

To book an appointment please email: **CAMHSConnectTrainingandConsultation@nhft.nhs.uk** 

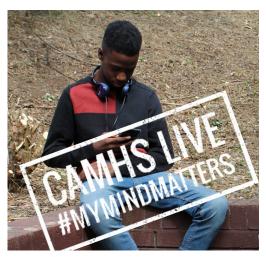
## **CRISIS CAFES**

Available for young people to drop-in when needing advice or in a mental health crisis.

www.nhft.nhs.uk/camhs











MAKING A DIFFERENCE FOR YOU, WITH YOU

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