



# KINGSWOOD SECONDARY ACADEMY


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 @KingswoodAcad

6 June 2019

Dear Parent/Carer

## Health Related Behaviour Survey

Our Academy, along with several others, has agreed to participate in a very important Health Behaviour Survey aimed at young people. We have been asked to support the work of the Local Authority and Public Health England and we have agreed to conduct this survey with Year 8 and Year 10 during Form Time next week. The survey data may prompt review of the curriculum and has been used in a variety of ways including:

- As a starting point for discussion in classroom activities
- As a guide in the choice of resources
- As a prompt for the appropriate timing of courses
- As a beginning for further enquiry to strengthen existing programmes; eg in PE

The survey method we will be using has been developed by the School Health Education Unit, Exeter, and has been in use for over 30 years. Over 3000 schools have used the survey, many of them on more than one occasion. The questions concern a wide range of health behaviours, for example:

Home and family	Relationships
Tobacco/Alcohol	Emotional Health and well-being
Drugs	Sexual Health
Healthy Eating	Exercise

The Local Authority and Public Health will also have a reliable database upon which it can objectively plan health care provision for young people. Both the Academy and the Authority find the content of the questionnaire acceptable, it has been customised to suit our local setting. Each questionnaire is **anonymous** and confidential; no student could be identified from the data. The Local Authority will receive only a summary of all the schools, individual schools will not be identified. Data Protection concerns are covered in the privacy notice on the information sheet which will be given to students to bring home in the next few days. If you have any queries when you read the information sheet, or if you have any concerns please do not hesitate to contact Mr Thomas on: [gthomas@kingswoodsecondaryacademy.org](mailto:gthomas@kingswoodsecondaryacademy.org)

Yours faithfully

**Mr J Lawson**  
**Senior Deputy Principal**