



# KINGSWOOD SECONDARY ACADEMY

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Dear Parent/Carer

As an Academy we are increasingly concerned about the number of students consuming a large quantity of sweets and sugary drinks before the start of the school day and at break and lunch times.

NHS Corby has identified a number of health issues in our area, all of which are above the England average prevalence, including increased levels of tooth decay, particularly in children, and with 18.1% of Year 6 children classified as obese (<http://www.corbyccg.nhs.uk/corbys-health-needs/>).

Additionally, a study from the University of Southampton has found that additives found in these types of foods have a “deleterious [harmful] effect” on students. In response to this we will not be allowing students to bring sweets and sugary drinks into the Academy as of January 2019. As is currently the case with ‘energy drinks’ we will be confiscating and disposing of sweets and sugary drinks from this date.

I am sure we hope we can rely on your support with this strategy to improve the health and focus of our students at Kingwood.

Yours faithfully

**Mr P Sanderson**  
**Senior Assistant Principal**