




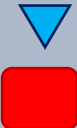












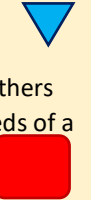


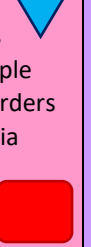

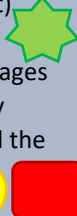






















# PSHE Curriculum 2018 – 2019 new edition

Term / Year Group	Term 1 My Relationships	Term 2 My Future	Term 3 My Money	Term 4 My Wellbeing (Mental Health)	Term 5 My Health (Physical Health)	Term 6 My Community
Year 7	<ul style="list-style-type: none"> <li>Starting in a new school</li> <li>Families</li> <li>Child abuse</li> <li>Neglect</li> <li>Peer relationships</li> <li>Bullying / conflict</li> <li>Online -Safety</li> <li>Teacher relationships</li> </ul> 	<ul style="list-style-type: none"> <li>Who am I?</li> <li>Character</li> <li>What skills do I need?</li> <li>Using my skills</li> <li>Effective digital communication</li> <li>Aspiration (aiming high/staying positive)</li> <li>Creativity</li> </ul> 	<ul style="list-style-type: none"> <li>Value of money</li> <li>Personal budget</li> <li>Bank account basics</li> <li>Household essentials</li> </ul> 	<ul style="list-style-type: none"> <li>Big emotions</li> <li>What is mental health?</li> <li>Getting support</li> <li>Reflecting on my experiences</li> </ul> 	<ul style="list-style-type: none"> <li>Being healthy</li> <li>Diet</li> <li>Sleep</li> <li>Exercise</li> <li>Smoking</li> <li>Puberty</li> </ul> 	<ul style="list-style-type: none"> <li>Identity and roles</li> <li>Helping around the house</li> <li>Rights and responsibilities</li> <li>Prejudice and discrimination</li> </ul> 
Year 8	<ul style="list-style-type: none"> <li>Changing relationships</li> <li>Issues facing families</li> <li>Sexual relationships (sex and the law)</li> <li>Youth Produced Sexual imagery</li> </ul> 	<ul style="list-style-type: none"> <li>STEM</li> <li>Innovation</li> <li>Sectors of work</li> <li>Jobs and qualifications</li> <li>Entrepreneurs</li> <li>Resilience</li> <li>Employability</li> </ul> 	<ul style="list-style-type: none"> <li>Work – part-time and full-time</li> <li>Bank accounts – savings / credit / debit</li> <li>Practical money skills – negotiating / discounts / faulty goods</li> </ul> 	<ul style="list-style-type: none"> <li>Mental health issues (looking after yourself – signs of mental health issues)</li> <li>Anxiety</li> <li>Managing anxiety</li> <li>Loss and bereavement</li> </ul> 	<ul style="list-style-type: none"> <li>Sexual health</li> <li>Sexual reproduction</li> <li>STI's</li> <li>HIV / AIDS</li> <li>Contraception</li> <li>Female Genital Mutilation</li> </ul> 	<ul style="list-style-type: none"> <li>Staying safe</li> <li>Knife crime</li> <li>Gangs</li> <li>Internet safety</li> <li>Young people and the law</li> </ul> 
Year 9	<ul style="list-style-type: none"> <li>Responsibility in relationships</li> <li>Male / female views of relationships</li> <li>Sexual Identity</li> <li>Domestic violence</li> <li>Managing anger</li> </ul> 	<ul style="list-style-type: none"> <li>Career Pathways</li> <li>Apprenticeships</li> <li>University</li> <li>School leavers – destinations</li> <li>Problem solving</li> <li>World of Work – Health and Safety</li> </ul> 	<ul style="list-style-type: none"> <li>Pressures on buying – needs / wants</li> <li>Borrowing money</li> <li>Gambling</li> <li>Debt and debt issues</li> <li>Housing and homelessness</li> </ul> 	<ul style="list-style-type: none"> <li>Mental health – focus on depression</li> <li>Impacts of depression</li> <li>Taking risks (substance abuse, alcohol and other drugs)</li> <li>Assertiveness</li> </ul> 	<ul style="list-style-type: none"> <li>Sexual encounters</li> <li>Saying “No”</li> <li>Peer pressure</li> <li>Parties</li> <li>Personal risk management (behaviours)</li> </ul> 	<ul style="list-style-type: none"> <li>Democracy</li> <li>Government and voting</li> <li>Laws</li> <li>Human rights</li> <li>Prison</li> </ul> 
Year 10	<ul style="list-style-type: none"> <li>LGBTQ Awareness</li> <li>Communication and building positive relationships</li> <li>Responsibility for others</li> <li>Parenting – the needs of a child</li> </ul> 	<ul style="list-style-type: none"> <li>Standing out from the crowd</li> <li>Employability skills</li> <li>CV writing</li> <li>Interviews</li> <li>Social media</li> <li>Teamwork</li> </ul> 	<ul style="list-style-type: none"> <li>Interest rates</li> <li>Running a household budget</li> <li>Ethical shopping</li> <li>Consumer rights</li> <li>Enterprise</li> </ul> 	<ul style="list-style-type: none"> <li>Body image</li> <li>Eating disorders</li> <li>Support for people with eating disorders</li> <li>Role of the media</li> <li>Self-harm</li> </ul> 	<ul style="list-style-type: none"> <li>Peer pressure I - Sex</li> <li>Teenage pregnancy</li> <li>Unplanned Pregnancy</li> <li>Adoption</li> <li>Abortion</li> <li>Surrogacy</li> <li>Rape</li> </ul> 	<ul style="list-style-type: none"> <li>Being a UK citizen (citizenship test)</li> <li>Disability</li> <li>Arranged marriages</li> <li>Modern Slavery</li> <li>Extremism (and the media)</li> </ul> 

Year 11	<ul style="list-style-type: none"> <li>• Parenthood</li> <li>• Teenage Pregnancy</li> <li>• Long – term relationships</li> <li>• Relationships in crisis</li> <li>• Support for relationships</li> </ul> 	<ul style="list-style-type: none"> <li>• My future career</li> <li>• Careers of the future</li> <li>• Local Labour Market Information</li> <li>• STEAM innovation</li> <li>• Post-16 Options</li> <li>• Communication</li> </ul> 	<ul style="list-style-type: none"> <li>• Earning and saving</li> <li>• Credit cards</li> <li>• Payday loans</li> <li>• Investing</li> <li>• Financial risks</li> <li>• Financial planning</li> </ul> 	<ul style="list-style-type: none"> <li>• Stress and techniques to reduce stress</li> <li>• School / work / life balance</li> <li>• Exam pressure</li> <li>• Local support</li> <li>• Teenage suicide</li> </ul> 	<ul style="list-style-type: none"> <li>• Rape within marriage</li> <li>• Drug Facilitated sexual assault</li> <li>• Peer Pressure II – Drugs and alcohol</li> </ul> 	<ul style="list-style-type: none"> <li>• Homophobia</li> <li>• Racism</li> <li>• Sexism</li> <li>• Being a global citizen – poverty, fair trade and environment</li> </ul> 
Year 12 / 13	<ul style="list-style-type: none"> <li>• The role of marriage in distinct cultures</li> <li>• Same-sex couples and adoption</li> <li>• Local support for parents</li> </ul> 	<ul style="list-style-type: none"> <li>• UCAS</li> <li>• Future planning</li> <li>• University or not?</li> <li>• Leadership and community</li> </ul> 	<ul style="list-style-type: none"> <li>• Budgeting: University / leaving home / working + support</li> <li>• Consumer rights</li> <li>• Benefits / financial support and how to apply</li> </ul> 	<ul style="list-style-type: none"> <li>• Stress</li> <li>• Coping with exam stress</li> <li>• Work / school / life balance</li> </ul> 	<ul style="list-style-type: none"> <li>• Tattoos and piercings</li> <li>• Cancers</li> <li>• Cancer screening</li> <li>• Diabetes</li> <li>• Clubbing</li> </ul> 	<ul style="list-style-type: none"> <li>• Radicalisation</li> <li>• Voluntary organisations</li> <li>• Globalisation</li> <li>• Contributing to the community</li> </ul> 

## Key area of focus:

British Values	Careers, Aspiration and Employability	SMSC	Financial Literacy	Northamptonshire Local Safeguarding Children's Board	PREVENT
					

<ul style="list-style-type: none"> <li>• Rape within marriage</li> <li>• Drug Facilitated sexual assault</li> <li>• Peer Pressure II – Drugs and alcohol</li> </ul> 	<ul style="list-style-type: none"> <li>• Homophobia</li> <li>• Racism</li> <li>• Sexism</li> <li>• Being a global citizen – poverty, fair trade and environment</li> </ul> 
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In Terms 5 and 6 **Year 11** (and **Year 13**) form groups have access to the programme but the focus is more likely to be upon exam preparation and revision skills. When students are offered study leave there will be no time for them to cover these topics. If form tutors run out of topics to cover in their Year group specific PSHE course, they can use these topics as appropriate, e.g. all of Year 11 My Community is appropriate for Years 7 – 10; Year 11 My Health “Rape” topics are suitable for Year 10 and “Peer Pressure II: drugs and alcohol” is appropriate for Years 9 and 10.