

Greenwood Academies Trust Secondary Menu

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Beef & Vegetable Pasty R00636 Creamed Potato R00100 Whole Green Beans R00087 Meat Gravy R00569	Pork Loin Steaks R00634 Creamed Potato R00100 Broccoli R00083 Sweet corn R00096 Meat Gravy R00569	Chicken and Chorizo Wholemeal Pasta R00142 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	Minced Lamb Pitta Kebab R00508 Whole Green Beans R00087 or Mixed Salad R00328	Gammon Steak & Pineapple Slice R00307 Diced Potatoes R00532 Baked Beans R00091 or Garden Peas R00092
(V) Homemade Vegetable Pasties R00552 Creamed Potato R00100 Whole Green Beans R00087 Vegetarian Gravy R00404	(V)Vegetable Samosa R00445 Steamed Wholegrain Vegetable Rice R00533 With a Mint Dip. R00551	(V) Vegetable Cannelloni R00045 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	(V) Vegetable Wholemeal Pasta R00527 Crusty Bread R00550 Mixed Salad R00328	(V) Cheese & Vegetable Bake R00496 Diced Potatoes R00532 Baked Beans R00091 or Garden Peas R00092
Thai Green Chicken Curry R000071 ½ Steamed Rice R00104 And ½ Naan Bread R00331	Salmon Fingers R00743 Creamed Potato R00100 Broccoli R00083 Sweet corn R00096	Roast Beef R00406 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 Meat Gravy R00569	Pork Sausages R00259 Hot Dog Roll R00611 Mixed Salad R00328	Minced Beef in Homemade Bolognese Sauce R00038 With Pasta R00531 Crusty Bread R00550 Mixed Salad R00328
(V) Quorn pieces In a Mild Curry Sauce R000568 ½ Steamed Rice R00104 ½ Naan Bread R00331	(V) Macaroni Cheese R00503 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	(V) Roast Quorn Fillet R00437 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 Vegetarian Gravy R00404	(V) Vegetarian Sausage R000645 in a Hot Dog Roll R00611 Mixed Salad R00328	(V) Minced Quorn In Homemade Bolognese Sauce R00273 With Pasta R00531 Crusty Bread R00550 Mixed Salad R00328
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection.				
Please see our separate menus for Allergen information.				
Dessert Choice				
Pear Crumble with Custard R000638 & R00140	Syrup Sponge and Custard R000426 & R00140	Lemon Drizzle Cake R000333	Peach Flan with Cream R000354 R00414	Jam Sponge & Custard R000530 & R00140
A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. Please see our separate cake menu for Allergen information. All menu items are subject to availability.				
Drinks				
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk is available on a daily basis.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

