## NEWSLETTER

## **KINGSWOOD SECONDARY ACADEMY**



Indeed with Christmas upon us and the New Year just round the corner it is a time to reflect, take stock and

Select option 1 (Please note — a call to the Academy is necessary on EACH day of absence).

 Weirone to our last newsletter of 2016. As usual Academy life has been busy with Christmas events, Year 11 trial exams, upcoming mufti days etc.

 Indeed with Christmas upon us and the New Year just round the corner it is a time to reflect, take stock and plan for 2017. John Lennon probably said it best:

 "So this is Christmas And what have you done? Another year over And a new one just begun"

 2016 was certainly a period of change for Kingswood Secondary Academy. I was appointed as the new that fare a significant changes at the Trust and the staff here at the Academy as we recruited some excellent staff to join us. We know that Kingswood is not yet as good as we would like and need it to be, but we are working hard to make those improvements so that our pupils have the very best educational opportunities available to them. We are also working on the culture of the Academy to raise aspirations and inspire pupils to be the best they possibly can. It will take time, but we are at laster - Science in particular is going to be significantly strengthened.

 Apparently it was also a busy and eventful year out in the wider world, with many unexpected changes. Breatl and the election of Donald Trump seem to have passed me by as I was so engrossed with all the developments taking place here at the Academy.

 Andy Burton Principal
 Totar be a stressful time with the pressure to provide ever more expensive presents or simple, but I hope Santa does bring you what you want, be that a shirry new. To simple the charce to example, but I hope Santa does bring you what you want, be that a shirry new. To simple the charce to example, but I hope Santa does bring you what you want, be that a shirry new. To simple the charce to e 2016 was certainly a period of change for Kingswood Secondary Academy. I was appointed as the new Principal, the third Principal in under 12 months, and with that came significant changes at the Trust and the staff here at the Academy as we recruited some excellent staff to join us. We know that Kingswood is not yet as good as we would like and need it to be, but we are working hard to make those improvements so that our it pupils have the very best educational opportunities available to them. We are also working on the culture of the Academy to raise aspirations and inspire pupils to be the best they possibly can. It will take time, but we are on that journey and we are improving. Whilst I know that Ofsted recognised this, of more importance to me is that our community recognises it, be that our pupils, parents or staff. We have done an awful lot and will continue to do so in 2017. We have some excellent new staff joining us in January and then again later in the

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So with Christmas in full preparatory swing can I take this opportunity to wish you all a restful time over the next So with Christmas in full preparatory swing can I take this opportunity to wish you all a restful time over the next few weeks. I know it can be a stressful time with the pressure to provide ever more expensive presents for example, but I hope Santa does bring you what you want, be that a shiny new 'toy' or simply the chance to sit down with your nearest and dearest. I look forward to seeing you all in 2017. Regards Andy Burton Principal



#### NORTHAMPTONSHIRE POLICE WARNING

Northamptonshire Police have information that parties are being held at addresses predominantly in Northampton where drugs and alcohol are being consumed and there are concerns that young people, as young as 13, are being coerced into sexual activity. A number of persons have been arrested.

This scenario is clearly of concern to professionals who are working together to implement appropriate safeguarding measures to protect young people.

As a responsible parent of a young person please take the time to know definitively where your child is during the forthcoming holiday period.

Please consider the following points:

- 1. If you are out yourself or due to be away at any time is your house being used to host parties?
- 2. If your child is going out do you know where they are going, who they will be with and what time they will be home?
- 3. Could you make contact with them to check on their welfare if required to do so and would you be in a position to remove them if necessary?
- 4. If they are staying over with friends where do their friends live and who will be the responsible adult present?
- 5. Have you checked with the respective parent that this is in fact where they will be staying?
- 6. How are they getting home? Is this method safe?
- 7. If you do not know where your child is, and you have concerns over their safety then please consider reporting them as Missing to the Police.

If you have any concerns regarding your child or information in respect of Child Sexual exploitation, including the parties described above please contact Northamptonshire Police on telephone 101 or if calling from outside of Northamptonshire on 03000 11122.

#### YEAR 7 AND YEAR 8 REWARDS DISCO

The Year 7 and Year 8 Rewards disco, held 14 December was a great success.

Over 60 pupils attended and had an excellent time. There were rewards for a dance competition, and special mention

goes to Jonathon Lane in 7ZP who danced non stop all night with brilliant moves. Many thanks to Josh Miller, our DJ extraordinaire, who volunteered to DJ for free and made an excellent contribution to the evening.

Everyone had a fabulous time, even the teachers who joined in on the dance floor, with a special mention to Mrs Evans, who won the teacher dance off!

#### Performance Opportunity

DREAMING OUR WOODS

**Second Taster Session** 



Wednesday 4th January 2017 7pm-9pm

#### The Arc, Rockingham Primary School, Rockingham Road, Corby, NN17 1AJ - All abilities welcome. Ages 16+ years

A second chance to come to a taster session to explore the opportunity to be part of DREAMING OUR WOODS. It is an exciting multi-media performance that will transform space, time and place through movement, sound and light in May 2017 at The Core, inspired by the woodlands of Corby and delivered by Deep Roots Tall Trees.

Choreographer and director, Neil Paris and Our Woods Creative Producer, Ros Stoddart, are looking for people who enjoy moving and dancing to form a new company specifically for DREAMING OUR WOODS.

In a short taster session you will have the opportunity to meet Neil and Ros to discover more about the project and take part in a workshop, which will introduce you to the ways in which Neil works as a choreographer and director. The session will include a simple warm up, games and exercises, which will explore different ways of moving, some short creative tasks and possibly a simple routine to learn. We will work in groups and individually and always with a smile on our faces!

This opportunity is open to anyone with an interest in expressing themselves through dance and movement. Previous experience is not essential but enthusiasm is a must.



### Sports Club Timetable – Term 3

Venue	Monday	Tuesday	Wednesday	Thursday	Friday
Before School – Sports Hall	Table Tennis with Corby TT Club				
Break 2 – Sports Hall (1:00 – 1:30) Trainers required	Badminton Club <i>ACO</i>	KS3 Basketball Club <i>PH</i>	Year 7 & 8 Badminton Club <i>MGA</i>	Table Tennis with <i>Corby TT</i> <i>Club</i>	Year 10 Boys Futsal Club <i>HCO</i>
		AFTER SCHOO	<b>DL</b> (3:10 - 4:10)		
Main Hall			KS3 Trampolining Club ACO	KS4 Trampolining Club ACO	
Astro / Field			Y8/9 Football Club <b>DW</b>	Year 7 Boys Football <b>NS</b>	
Netball Courts				Girls Football RLA/Sports Leaders	
Sports Hall		KS3 Boys Basketball Club PH/MGA	KS4 Girls Basketball Club <i>HCO</i>	Table Tennis with <b>Corby TT</b> Club KS3 Boxing Club MGA/PH	
Fixtures (See teacher)		U15 Girls Basketball	Y8 Boys Basketball MGA	Y9 Boys Basketball PH	

Please note, the Kingswood Secondary Academy PE Kit must be worn for all after school clubs. Clubs will run from 3:10-4:10pm, therefore ensure that you register and arrange to be picked up at 4:15pm.

## The 'Christmas in Corby Christmas Card Competition' was won by LUKE TAYLOR 7NA





Erin Davidson 7BP

Amy Michie 7MSA

Lucas Smalley

This is a selection of other excellent entries. Well Done to everyone who entered the competition and a big congratulations to Luke!

# ART BY KINGSWOOD



Here is some art work , all done AT HOME by Year 7 pupil Mikolaj Zakrzewski. These fantastic pieces were done using an iphone app. Aren't they great!



#### YEAR 11 BASKETBALL WIN

The Year 11 basketball team played their last ever game on Wednesday 14 December. The result was a 46 - 28 win against Corby Technical School.

Well done to all the players:-

Davis Balodis (2 points) Tom Odeny (8) Henri McAuley (5) Akash Ramesh (4) Jake McMichael (11) Lewis Shearsby (5) Nathan Hewett (8) Mark Webster (16) Tommy Doherty (5 points)



land to the Villagers of Penyem The Gambia



CHRISTMAS 2016 NEWSLETTER

Northampton Trustee Fund (NTF) wishes all our supporters a Merry Christmas and a Prosperous New Year!

2016 has been a very eventful year for NTF. We started the year with hope for the Penyem Village Day Care and Nursery School. During 2015 we had been striving to find a sponsor to allow the school to remain open. However by March 2016, we had to tell the village that NTF could not sustain the financial support of the school. 12 months' notice of our withdrawal of funding support was given. In a village meeting we agreed to make one final effort to find sponsorship. So, we returned to the UK to try to find sponsors for 7 of the classrooms at £500 each. This would raise enough to help us keep the school afloat. In December 2016, we returned to the village with the fantastic news that we have been able to find 10 sponsors. The school was saved!

During the December trip we were also delighted to deliver numerous gifts and sacks of rice to sponsored families. A sack of rice is one of the greatest gifts that a family can receive.

Earlier in the year, we received fantastic donations to allow us to further our work. We are so grateful! Our Health Centre sponsor, Imerja Ltd UK has continued to support us. Corby Phoenix Rotary Club have also



been key to our work. However, there have been some magnificent individual efforts. It is not fair to mention them as a £5 contribution is equally valuable as £500. However, a timely £1000 donation from Spencer Court News in Corby and £450 from supporter, Eleanor Springham allowed us to fit a reconditioned engine to the village ambulance. We also received a donation of £2200 from Northampton School for Girls towards our developing Bursary Fund.

All of this is superb. However, the most important part of our success is the regular support of our child sponsors. In 2016, we lost 3 sponsors but gained 5! Thank you to all who gave cash donations as these contributions allow us to fund new and ongoing projects, such as fuelling the village ambulance and medicines to allow access to all of the villages.

We are saddened to announce that one of our teachers suffered a stroke recently. Famara Jarju has been a loyal teacher at the school. To meet him in his current state of health in December was upsetting. However, at least we were able to give him an NTF wheelchair and a sack of rice for his family. We look forward to 2017. We have renewed confidence with the school sponsorship and look forward to developing new projects now that the funding crisis seems to be solved!

Child sponsors please be aware that we will be in touch soon in the New Year to ask you to renew your sponsorship for another year! Thanks everyone! Andrew and Anne Butler

#### TEENAGE DRINKING

Research indicates that the average age a person first tries alcohol is now 13.3 (1). Alcohol can have serious effects on developing brains and bodies, as well as leaving teenagers vulnerable to unsafe situations. Drinking alcohol is seen as something teenagers are expected to do as part of growing up but starting to drink so young is more damaging than many teenagers realise. Understanding how to talk to teenagers about alcohol can help you get to talk to them about the risks.

#### Teenage drinking statistics

The Health and Social Care Information Centre's 2014 report documents the drinking habits of teenagers. Of the teenagers surveyed:

- 8% had drunk alcohol in the last week
- 22% of those who had drunk alcohol in the past week had drunk 15 units or more in that week
- Girls were more likely to report having been drunk than boys (10%, compared with 7%) However not all teenagers drink, the number of 11-15 year olds who had tried alcohol (38%) was the lowest since the surveys began.

Despite this encouraging trend what's concerning is that there were still 13,725 under-18s admitted to hospital with alcohol related problems between 2011/12 and 2013/14.

#### Why do teenagers drink?

It's easy for adults to dismiss teen drinking as a straightforward act of youthful rebellion but the reasons teenagers start drinking can be complicated and varied. Peer pressure can be a major factor in contributing to drinking for the first time as teenagers feel the pressure to keep up with friends to fit in.

The feeling that every other teenager is drinking can be made worse by popular culture, as TV and films often show teenagers with alcohol. A recent study found that adolescents with the highest exposure to alcohol use in films were more likely to have tried alcohol compared with those least exposed and more likely to binge drink (4).

Teenagers may also drink to temporarily distract themselves from the pressures or worries of life. Puberty is a tough time and teenagers may wrongly think drinking is a way to cope.

#### Drinking affecting teenager's health

Teenagers can think they're invincible but drinking when too young can damage health and wellbeing of young people. Most noticeable are the short term effects, such as bad breath, bad skin and weight gain. However, more damaging is the potential effect of drinking on the young brain. Teenage years are important time for brain development.

Alcohol can also lower inhibitions which can make it more likely for teenagers to make risky like getting into fights or having unprotected sex.

#### How to talk to your teenager about alcohol

The best way to talk to your teenager about alcohol is to sit them down and have an open, honest talk. If possible, try and talk to them before you suspect they've started drinking.

As a defence teenagers can say it's unfair that parents lecture them about drinking but drink alcohol themselves. You can agree that large amounts of alcohol are harmful to anyone, but also you can say that young people seem to be more vulnerable in some ways.

If your child expresses frustration at you drinking while telling them not to, this could be time to start cutting down your drinking (the internet has many sites giving tips on how to cut down on drinking alcohol at home).

Make sure your teenager knows they can come to you with any problems. Let them know alcohol abuse may be a symptom of how they're feeling, and never a solution to a problem. There will be other ways of dealing with it.

#### YEAR 7 BASKET BALL TEAM

Congratulations to the Year 7 boys basketball team who were crowned the Corby, Thrapston and Oundle champions this week after defeating Prince William School in a dramatic final. Five other teams were included in the district competition and it took a fantastic team effort to win the tournament. The players who put on the outstanding performance were: Harry Mitchell, Lewis Raine, Louis James, Luke Best, Alfie Colyer, Leon Brooks and Mason Price. The boys will now compete in the county finals later this year.

#### SEASONAL SAFEGUARDING 'TWAS THE NIGHT BEFORE CHRISTMAS' ...

With so much online activity at this time of year, we would like you all to have an esafe Christmas...

'Twas the night before Christmas, and all through the house New technology was waiting, no need for a mouse; Shiny tablets were hung by the chimney with care,
To be loaded with apps and personal information to share. The children were nestled all snug in their beds; While visions of <u>Xbox</u> danced in their heads. Dreaming of <u>age inappropriate games</u>; Online forums included for the <u>calling of names</u>.

Interactive toys that will <u>listen</u>, <u>learn and say</u>; storing your data online in an <u>insecure way</u> A <u>smart phone</u> with messaging and camera too; For <u>risky behaviour</u> and <u>sexting</u> to do. To bring them to life wireless broadband was waiting With <u>parental controls</u> in need of activating

And mamma in her 'kerchief, and pa in his cap, Abdicate responsibility in the parenting trap. But help is at hand, if they just think to ask Talk to family, schools or <u>go online</u> for the task

For teachers and leaders 'tis the time to be bold With <u>guidance</u> and <u>safeguarding</u> messages told At the end of the term before presents are given And again in the New Year so behaviours are driven

If you still find this daunting and it all gives you pause <u>We are here to support</u> and to champion the cause

These risks can be managed with a little foresight Giving "Happy Christmas to all, and to all a good night!"



Principal: Mr Andrew Burton

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The Kingswood Secondary Academy is one of the Greenwood Dale Foundation Trust Group of Academies